

# **BASIC HOSPITAL**

With Basic Hospital cover, you can get treated by your own doctor in a public hospital (with a few services covered in a private hospital). This cover also includes a \$300 excess.

## ACCESS GAP COVER

If your doctor chooses to participate in Access Gap Cover, there will be less for you to pay, or in some cases, nothing at all. Go to teachershealth.com. au/access-gap to find out more. You'll need to ask your doctor whether they are willing to participate in Access Gap, and they must provide written informed consent if there are any out-ofpocket expenses.

## MEDICAL COSTS AND THE 'GAP'

Medicare sets a fee for all services called the Medicare Benefits Schedule (MBS). Together with Medicare, we'll cover you for the MBS fee. Doctors can sometimes charge above the MBS fee, and that's when you'll have out-of-pocket costs - this is commonly known as the 'gap'.

This Product Sheet contains important information about your private health insurance with Teachers Health. Please read it carefully in conjunction with the Membership Guide and retain for future reference.

Non-emergency ambulance transport

calendar year

	BENEFIT		BENEFIT
HOSPITAL		HOSPITAL SERVICES	
Private hospital		Removal of tonsils and adenoids	<b>✓</b>
(agreement hospital and same day surg	geries)	Knee and shoulder investigations	
Choice of agreement	Provides cover	and reconstructions	<u> </u>
hospital	for four key services in a	Appendicitis treatment	<b>✓</b>
Shared room or private room (where available)	private	Hernias	✓
Theatre fees.	hospital – see 'Hospital	Pregnancy and birth-related services	Restricted
intensive care fees	services'	Infertility treatments	Restricted
Labour ward fees	×	Hip, knee, shoulder	Restricted
Public hospital		and ankle replacements	
Shared room	<b>✓</b>	Coronary care and cardiothoracic surgery	Restricted
Private room (where available)	×	Dialysis procedures and treatments	Restricted
Theatre fees, intensive care fees	n/a (fees are included in	Major eye and eye lens surgery	Restricted
l abour ward fees	accommodation	Bariatric surgery	Restricted
	charges)	Sterilisation and reversal of sterilisation	Restricted
MEDICAL SERVICES		Psychiatric, rehabilitation and palliative care	Restricted
Choice of doctor	✓	All other services where a Medicare	
Access Gap Cover	<b>✓</b>	benefit is payable	Restricted
Government approved surgically mplanted prostheses (some prostheses may have out-of-pocket expenses)	~	Services not covered by Medicare (e.g. cosmetic surgery, laser eye surgery)	×
		OTHER	
		Emergency ambulance transport	<b>✓</b>

## IMPORTANT THINGS TO KNOW

#### **WAITING PERIODS**

## **HOSPITAL WAITING PERIODS**

Pre-existing conditions	12 months
Pregnancy and birth-related services	9 months
Psychiatric, rehabilitation and palliative care	2 months
All other hospital services	2 months
Emergency ambulance transport	1 day
Non-emergency ambulance transport	1 day

## YOU MAY HAVE TO WAIT IF...

- · You're new to private health insurance
- You upgrade your cover to:
  - · Include things that weren't covered before
- · You switch health funds:
  - And you increase your cover to include things that weren't covered before

You don't have to wait again if you switch from another fund to the same or lower cover with us, and you've served your waiting periods.

#### **EXCESS**

Choosing an excess is a good way to keep your membership costs down. It's an agreed amount that you choose to pay only if you claim. You pay this amount directly to the hospital on your admission, and you'll only pay the total excess once per year, per person. If you reduce your level of excess, the higher excess will apply for the time periods listed under "Hospital Waiting Periods", including 12 months for any preexisting conditions.

## PRE-EXISTING CONDITIONS

A pre-existing condition is an ailment, illness or condition where the signs or symptoms existed during the six months before you joined Teachers Health or upgraded to a higher level of cover (even though a diagnosis may not have been made). Our Fund Medical Advisor will determine if a condition is classed as pre-existing, and if it is, you'll need to wait 12 months before your cover kicks in.

#### RESTRICTED SERVICES

In a public hospital:

- We pay accommodation in a shared room (as long as the hospital doesn't charge above the default rate set out by the Federal Government), and medical costs.
- You pay any excess (if applicable), and any gap if your hospital charges above the default rate.

## In a private hospital:

- We pay the same amount we would pay if you went to a public hospital.
- You pay any excess and the balance of accommodation costs, plus any theatre costs.
   This could be costly, so make sure you give us a call.

## WHAT WE WON'T PAY

We won't pay for things like:

- Services not covered by Medicare
- Medical procedures in a doctor's room
- Specialist appointments (including scans, blood tests)
- Prostheses in excess of approved benefits in the Government's Prosthesis List
- Non-medical items such as TV hire, telephone, parking etc.
- Discharge medication
- Services received during any period which your membership is unfinancial or suspended
- Services not included in your cover or for which you are serving waiting periods
- Hospital treatment received overseas.

## **BEFORE GOING TO HOSPITAL**

Before you pack your nightie or PJs and your overnight bag, the first step is to call us so we can confirm what you're covered for, and any potential out-of-pocket charges for your procedure.







# **TOP EXTRAS**

Top of the range, and our best Extras product on offer. It covers the essentials like dental check-ups, glasses and physio but you'll also get added value for things like orthodontia, psychology, hearing aids and speech therapy.

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	BENEFIT (UP TO)		YEARLY LIMIT	WAITING PERIOD
DENTAL				
GENERAL DENTAL				
Periodic oral examination (012) – limit of 2 services per person/year	\$40			
Removal of calculus (114) – limit of 2 services per person/year	\$70	Unlimited		
Topical application of remineralising agent (121) – limit of 2 services per person/year	\$25	<b>(</b> u	nless otherwise stated)	2 months
Removal of tooth (311)	\$90			
Filling: adhesive restoration - 3 surfaces (533)	\$115			
MAJOR DENTAL				
Removal of wisdom teeth requiring removal of bone (323)	\$170	Increasing limits		
Removal of wisdom teeth requiring removal of bone and tooth division (324)	\$240	Year 1	Match existing cover up to \$1,300 (applies when transferring from a cover that includes Major Dental with all waiting periods served)	12 months
Inlays/Onlays - tooth coloured - 1 surface (551)	\$273	Year 2	\$1,300	
Inlays/Onlays - tooth coloured - 2 surfaces (552)	\$432	Year 3	\$1,600	
Crown – veneered (615)	\$750	Year 4	\$2,100	
Bridge pontic – direct (642)	\$520	Year 5	\$2,600	
Dentures - upper and lower (719)	\$1,000	Year 6+	\$2,800	
ORTHODONTIA TREATMENT				
Lifetime limit of \$2,500 per person. Increasing lim membership of Teachers Health Top Extras cover a				us
			Increasing limits	
Orthodontia	100%	Year 3	\$1,500	24 months
Orthodorida	100%	Year 4	\$2,000	24 HIUHUIS
		Year 5+	\$2,500	

Frames	\$100		
Single vision lens – pair	\$120		
Bifocal lens – pair	\$135	\$260 per person	6 months
Multifocal lens – pair	\$165		
Contact lenses – pair	\$175		
BODY & MIND THERAPIES			
Chiro and Osteo – 1–4 visits	\$40	A 150	
Chiro and Osteo – 5+ visits	\$32	\$450 per person (sub-limits apply)	
Chiro and Osteo – group therapy	\$20	(Sub-liffics apply)	
Physio – 1–4 visits	\$40		
Physio – 5+ visits	\$32		
Physio – group therapy/class therapy	\$20		
Exercise physiology– 1–4 visits	\$40	\$800 per person	
Exercise physiology – 5+ visits	\$32	(sub-limits apply)	
Exercise physiology – group therapy	\$20		
Ante- or post-natal physio course	\$78 per confinement		2 months
Speech therapy – 1–4 visits	\$70	ФСОО	
Speech therapy – 5+ visits	\$40	\$600 per person	
Occupational therapy – 1–4 visits	\$70	¢EOO nor noroon	
Occupational therapy – 5+ visits	\$44	\$500 per person	
Podiatry – 1-4 visits	\$40	\$400 per person	
Podiatry – 5+ visits	\$32	(sub-limits apply)	
Audiology consultation	\$45	Unlimited	
Dietitian – 1-4 visits	\$60	\$400 per person	
Dietitian – 5+ visits	\$40	5400 per person	
Hypnotherapy	\$30	\$300 per person	
Psychology consultation	\$72	\$600 per person	
Psychology assessment	\$100	(sub-limits apply)	
COMPLEMENTARY THERAPIES			
Benefits are for face-to-face consultation only. No benef	its for remedies	s, medicines or food preparatio	ns.
Including remedial massage, acupuncture, naturopathy, and more. Visit <b>teachershealth.com.au</b> for a full list.	\$32	\$600 per person	2 months
HEALTHY LIFESTYLE			
Health-related programs to address a specific health or r Lifestyle Program form every two years, download a copy			Healthy
Including weight management, gym membership, Pilates, and more. Visit <b>teachershealth.com.au</b> for a full list.	75%	\$200 per person	6 months
	· ·		

BENEFIT (UP TO)

**OPTICAL** 

YEARLY LIMIT WAITING PERIOD

(UPTO) LIMIT	ARLY WAITING PERIOD
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#### MEDICAL HEALTH

Benefits towards non-PBS prescription medication to treat a medical condition. Benefits are not payable for contraceptives prescribed without a medical condition. A \$280 sub-limit applies for erectile dysfunction medication.

Pharmaceuticals (non-PBS requiring prescription by law)	\$60	\$800 per person (sub-limits apply)	2 months
Home nursing < 6 hours	\$33	\$900 par paran	2111011010
Home nursing > 6 hours	\$95	\$800 per person	

#### MEDICAL APPLIANCES/HEARING AIDS

You are required to submit an Aids and Appliances Form every 12 months to be eligible to claim a benefit, download a copy from teachershealth.com.au

Purchase of CPAP machine	75%		r person, ee years	12 months
Purchase of CPAP accessories	75%	\$150 pe	r person	12 months
Hearing aids – 1 pair of hearing aids per person every 3 calendar years	Increasing Limits	Single	Pair	
	Years 1-5	\$600	\$1,200	12 months
person every a datendar yours	Years 5+	\$900	\$1,800	

#### **ARTIFICIAL AIDS**

You are required to submit an Aids and Appliances form every 12 months to be eligible to claim a benefit, download a copy from teachershealth.com.au. Compression garments must be for the treatment of lymphedema, vascular conditions, scarring from burns or for use post-surgery.

Blood pressure monitor (purchase)	75% up to \$85		
Blood glucose monitor	75% up to \$160	\$1,200 per person	2 months
Compression garments	75% up to \$400	(sub-limits apply)	2 months
Wigs - chemotherapy/alopecia	75% up to \$350		

#### WHEELCHAIR

Wheelchair	50%	\$1,900 limit every 5 years (sub-limit applies for a manual wheelchair)	24 months
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#### **MISCELLANEOUS**

Travel benefits are payable for the patient for a serious medical/dental condition for distances over 200km return (where treatment isn't available closer to home). Proof of attendance is required from the treating specialist, medical practitioner or hospital.

	15c/km	\$400 per person	
Iravel			2 months

#### **EMERGENCY AMBULANCE TRANSPORT**

Emergency ambulance transport	100%	\$6,000 per person	1 day





# IMPORTANT THINGS TO KNOW

#### **WAITING PERIODS**

EXTRAS WAITING PERIODS		
Orthodontia	24 months	
Wheelchair purchase	24 months	
Major dental	12 months	
Optical, healthy lifestyle	6 months	
All other services	2 months	
Emergency ambulance transport	1 day	

## YOU MAY HAVE TO WAIT IF...

- · You're new to private health insurance
- You upgrade your cover to:
- · Include things that weren't covered before
- · Increase your benefit limits
- · You switch health funds:
  - And increase your cover to include things that weren't covered before
  - · And increase your benefit limits

You don't have to wait again if you switch from another fund to the same or lower cover with us, and you've served your waiting periods.

#### **BENEFITS AND LIMITS**

- All limits are based on a calendar year from 1 January (unless stated otherwise)
- Benefits are limited to one service per person, per provider, per day
- Increasing limits are calculated on years of continuous membership of Teachers Health Top Extras cover.

### WHAT WE WON'T PAY

We won't pay for things like:

- Two services from the same provider on the same day
- Services provided by immediate family
- · Claims more than two years old
- Claims where no charge has been raised
- Services received during any period which your membership is unfinancial or suspended
- Services not included in your cover or for which you are serving waiting periods
- Services from an unrecognised provider
- Claims without official receipts
- Services or goods received overseas.



We're for teachers

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