

I have been made aware of the Teachers Health Privacy Notice and agree to the collection and use of my personal and sensitive information as outlined therein.

Patient signature \_\_\_\_\_

The Privacy Notice is available at each Health Centre or by visiting [teachershealth.com.au/privacy](http://teachershealth.com.au/privacy)



Personal Details

Title \_\_\_\_\_ First name \_\_\_\_\_ Surname \_\_\_\_\_

Date of birth \_\_\_\_\_ Preferred name \_\_\_\_\_

Health fund \_\_\_\_\_ Member number \_\_\_\_\_ Occupation \_\_\_\_\_

Contact Details

House/ unit \_\_\_\_\_ Street name \_\_\_\_\_ Suburb \_\_\_\_\_

State \_\_\_\_\_ Postcode \_\_\_\_\_ Email \_\_\_\_\_

Home phone \_\_\_\_\_ Mobile phone \_\_\_\_\_ Other \_\_\_\_\_

Emergency contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

How did you hear about us?

- ☐ Family/ Friend
- ☐ I already use Eyecare/ Dental
- ☐ Website
- ☐ Union Advertisement
- ☐ Staff member
- ☐ Teachers Health Mailer
- ☐ Walking by
- ☐ Other \_\_\_\_\_

Medical Information

Do you have or have you had any of the following medical conditions? (Please tick Yes or No)

For all medical conditions marked as ‘Yes’ please consult your practitioner during your appointment.

<table><tr><td>Y</td><td>N</td></tr></table> Cardiovascular disease	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Diabetes, type .....	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Liver disease/ problems	Y	N
Y	N							
Y	N							
Y	N							
<table><tr><td>Y</td><td>N</td></tr></table> High blood pressure	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Musculoskeletal	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Auto immune disorders	Y	N
Y	N							
Y	N							
Y	N							
<table><tr><td>Y</td><td>N</td></tr></table> Excessive bleeding	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Gastro intestinal problems	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Respiratory illness	Y	N
Y	N							
Y	N							
Y	N							
<table><tr><td>Y</td><td>N</td></tr></table> Rheumatic fever	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Urogenital problems	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Thyroid problems	Y	N
Y	N							
Y	N							
Y	N							
<table><tr><td>Y</td><td>N</td></tr></table> Infectious diseases	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> Nervous system disorders	Y	N	<table><tr><td>Y</td><td>N</td></tr></table> <b>Women only</b> Pregnant? Due .....	Y	N
Y	N							
Y	N							
Y	N							

Other .....

<table><tr><td>Y</td><td>N</td></tr></table>	Y	N	I have recently been admitted to hospital or had an operation. Date .....
Y	N		
<table><tr><td>Y</td><td>N</td></tr></table>	Y	N	I am, or have recently undergone chemotherapy or radiation therapy. Date .....
Y	N		
<table><tr><td>Y</td><td>N</td></tr></table>	Y	N	I am allergic to .....
Y	N		

Medications (please list) .....

Have you ever:

- ☐ Been unconscious
- ☐ Had major surgery
- ☐ Been hospitalised
- ☐ Been in a car accident
- ☐ Broken bones
- Details: .....

Would you like your practitioner to report back to your Doctor? ☐ No ☐ Yes (if Yes, please provide GP’s details)

Doctor..... Phone .....

Clinic ..... Address .....

**What area is your key injury/ complaint?**

- |                                      |                                  |                                 |
|--------------------------------------|----------------------------------|---------------------------------|
| <input type="radio"/> Head           | <input type="radio"/> Shoulder   | <input type="radio"/> Hip       |
| <input type="radio"/> TMJ            | <input type="radio"/> Elbow      | <input type="radio"/> Knee      |
| <input type="radio"/> Neck           | <input type="radio"/> Wrist      | <input type="radio"/> Foot      |
| <input type="radio"/> Cervical Spine | <input type="radio"/> Hand       | <input type="radio"/> Ankle     |
| <input type="radio"/> Upper Back     | <input type="radio"/> Lower back | <input type="radio"/> Full Body |

Other: \_\_\_\_\_

**Date of injury (exact day or weeks, months, years)**

\_\_\_\_\_

**Have you had X-rays/ CT scans/ MRI taken of the injury?**

\_\_\_\_\_

**Have you seen other practitioners for this complaint?  
(and was it effective?)**

\_\_\_\_\_

**Do you currently have pain?**      Yes      No

**What level is your pain?** ( Please mark on scale below, 0 = No Pain, 10 = the most pain)

\_\_\_\_\_

0            1            2            3            4            5            6            7            8            9            10

**What type of pain are you experiencing?**

- |  |                                 |  |
|--|---------------------------------|--|
| <input type="radio"/> Sharp (like a knife) | <input type="radio"/> Throbbing | <input type="radio"/> Shooting/ Electrical |
| <input type="radio"/> Aching               | <input type="radio"/> Dull      | <input type="radio"/> Other .....          |

**Have you experienced any:**

- |   |                                |  |
|---|--------------------------------|--|
| <input type="radio"/> Numbness                      | <input type="radio"/> Heat     | <input type="radio"/> Loss of strength in any muscles of the leg |
| <input type="radio"/> Pins & needles                | <input type="radio"/> Coldness | <input type="radio"/> Loss of strength in the arm                |
| <input type="radio"/> Loss of strength in your grip |                                |  |

**When is your pain at its worst?**

- |                               |   |   |
|-------------------------------|---|---|
| <input type="radio"/> Sitting | <input type="radio"/> Standing            | <input type="radio"/> In the morning – when you wake up |
| <input type="radio"/> Bending | <input type="radio"/> Lifting or reaching | <input type="radio"/> At night – after work/ school     |

Other: .....

**Is your pain:**

- |                                  |                                      |   |
|----------------------------------|--------------------------------------|---|
| <input type="radio"/> Increasing | <input type="radio"/> Decreasing     | <input type="radio"/> Staying the same                  |
| <input type="radio"/> Constant   | <input type="radio"/> Comes and goes | <input type="radio"/> Triggered – only after a movement |

**What outcomes are you expecting from your treatment?** (E.g. reduced pain, better sleep, increased movement)

\_\_\_\_\_

*I acknowledge that the medical information I have provided is true and accurate at the date of my appointment and I have disclosed any medications or conditions that may affect or influence my treatment. Payment on the day of treatment is required. I acknowledge that failure to attend any appointment without notice may also result in a deposit requirement prior to future appointments being scheduled.*

**Patient signature:** \_\_\_\_\_ **Practitioner:** \_\_\_\_\_

(print name)

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Mark with an X areas of pain/ discomfort**

