Product & Benefits Guide

Effective 1 July 2024



HOSPITAL COVER

For more information visit				H	
teachershealth.com.au/hospital	TOP HOSPITAL (GOLD)	MID CLASSIC (SILVER PLUS)	MID HOSPITAL (BASIC PLUS)	BASIC HOSPITAL (BASIC PLUS)	STARTERPAK (BASIC PLUS)
PRIVATE HOSPITAL (agreement hospital and so					
Choice of agreement hospital	✓	✓	✓		
Shared room or private room (where available)	~	~	~		es in a private hospital – please see
Theatre fees, intensive care fees	✓	✓	✓	Hospital Se	rvices' below.
Labour ward fees	✓	×	×	×	×
PUBLIC HOSPITAL (for services indicated as con	vered or restricted)				
Shared room	✓	✓	y	<u> </u>	<u> </u>
Private room (where available)	✓	✓	✓	×	×
Theatre fees, intensive care fees	Fees are included in the accommodation charge paid by Teachers Health				
Labour ward fees	Fees are included in the accommodation charge paid by Teachers Health	×	Fees are included in the accommodation charge paid by Teachers Health		
MEDICAL SERVICES	orange pala by reachers mealth				
Choice of doctor	✓	✓	✓	<u> </u>	✓
Access Gap Cover	✓	✓	✓	~	✓
Government approved surgically implanted prostheses	✓	✓	✓	✓	✓
(some prostheses may have out-of-pocket expenses)					
HOSPITAL SERVICES	√				
Dental surgery	V	Y	V	✓	V
Hernia and appendix Joint reconstructions	· ·	Y	V	V	Y
Tonsils, adenoids and grommets	-	Y	V	<u> </u>	Y
Back, neck and spine		· ·	Y	Restricted	Restricted
Blood	- J	Ž	7	Restricted	Restricted
Bone, joint and muscle			7	Restricted	Restricted
Brain and nervous system	·	<u> </u>		Restricted	Restricted
Breast surgery (medically necessary)		<u> </u>	<u> </u>	Restricted	Restricted
Chemotherapy, radiotherapy and immunotherapy for				Restricted	Restricted
cancer	·		,		
Diabetes management (excluding insulin pumps)		· ·	4	Restricted Restricted	Restricted Restricted
Digestive system Ear, nose and throat	<u> </u>	<u> </u>	Ž	Restricted	Restricted
Eye (excluding cataracts)	·			Restricted	Restricted
Gastrointestinal endoscopy	· · · · · · · · · · · · · · · · · · ·	>	<u> </u>	Restricted	Restricted
Gynaecology	✓	✓	y	Restricted	Restricted
Implantation of hearing devices	✓	✓	✓	Restricted	Restricted
Insulin pumps	✓	✓	✓	×	×
Kidney and bladder	✓	✓	✓	Restricted	Restricted
Male reproductive system	✓	✓	✓	Restricted	Restricted
Miscarriage and termination of pregnancy	· · · · · · · · · · · · · · · · · · ·	~	V	Restricted	×
Pain management Drive and a state of the devices	· · · · · · · · · · · · · · · · · · ·	Y	~	Restricted	Restricted
Pain management with device Plastic and reconstructive surgery (medically necessary)		<u> </u>	Y	Restricted Restricted	Restricted Restricted
Podiatric surgery (provided by a registered podiatric			4		
surgeon - limited benefits)	•	·	·	Restricted	Restricted
Skin Sleep studies	<u> </u>	Ž	V	Restricted Restricted	Restricted
Hospital psychiatric services	<u> </u>	Restricted	Restricted	Restricted	Restricted Restricted
Lung and chest	Ž	✓ ✓	Restricted	Restricted	×
Palliative care	✓	~	Restricted	Restricted	Restricted
Rehabilitation	✓	~	Restricted	Restricted	Restricted
Heart and vascular system	✓	✓	Restricted	Restricted	×
Cataracts	✓	×	Restricted	Restricted	Restricted
Weight loss surgery	✓	×	Restricted	Restricted	Restricted
Assisted reproductive services	~	×	Restricted	Restricted	×
Dialysis for chronic kidney failure	~	×	Restricted	Restricted	×
Joint replacements	<u> </u>	×	Restricted	Restricted	X
Pregnancy and birth	✓	X	Restricted	Restricted	×
OTHER	ΦΩ Φ200 ex ΦΕΩΩ	\$200 at \$500 (-11	\$200 as \$500 / . L.	\$200 pays (1	* 0
Excess Emergency ambulance transport	\$0,\$300 or \$500 per person/calendar year	\$300 or \$500 per person/calendar year	\$300 or \$500 per person/calendar year	\$300 per person/calendar year	\$0
Non-emergency ambulance transport	\$3,000 per person/calendar year	\$3,000 per person/calendar year	\$3,000 per person/calendar year	\$3,000 per person/calendar year	\$3,000 per person/calendar year
Hort official difficultion of this port	Je, e e e per per euroria di geni	25,555 ps. ps. son batteriaan godi	to,ooo po. po.oon odionadi godi	15,500 ps. ps. 5510 odioridai godi	+ 3,000 po. po. com outeridar godi

WAITING PERIODS	
Pre-existing conditions	12 months
Pregnancy and birth	9 months
Hospital psychiatric services, Rehabilitation, Palliative care	2 months
All other hospital services	2 months
Emergency ambulance transport	1day
Non-emergency ambulance transport	1day

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Saturday

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Overseas callers: +61 2 8346 2111

Friday

Monday-Thursday 8am-7pm (AEST/AEDT)8am - 6pm (AEST/AEDT) 8:30am - 12:30pm (AEST/AEDT)

teachershealth.com.au







Hospital cover explained

Agreement Private Hospitals

We hold agreements with most Australian private and day hospitals. These agreements ensure your inhospital (inpatient) charges are covered (depending on your level of cover). If a hospital doesn't have an agreement with us, you may have significant outof-pocket costs. Search for agreement hospitals via teachershealth.com.au/hospitals

Excess amounts are paid to the hospital once per person, per calendar year (if using your Hospital cover that year). There's no excess for dependants on your cover, except on Basic Hospital (Basic Plus). Find out more: teachershealth.com.au/excess

Medical costs (specialist doctors)

Medicare sets fees for (inpatient) hospital treatment on the Medicare Benefits Schedule (MBS). Together with Medicare, we cover the MBS fee. If a doctor charges you more than the MBS fee, you'll have out-of-pocket costs or a 'gap'. Always ask your doctor about any additional charges before you're treated.

Access Gap Cover

Access Gap is a billing scheme that can help you minimise, or avoid, out-of-pocket costs for in-hospital (inpatient) specialist treatment. To check which specialists have treated other patients under Access Gap, visit teachershealth.com.au/agc

Ambulance

All levels of Hospital cover include emergency and non-emergency ambulance services (excluding inter-hospital transfers, transport for day treatment and transport to and from nursing homes or specialist and diagnostic centres). Queensland and Tasmania residents may be covered under their state scheme for emergency ambulance services. See ambulance.qld.gov.au or health.tas.gov.au

Pre-existing conditions

A pre-existing condition is an illness, ailment or condition where the signs or symptoms existed at any time during the six months before you got your Hospital cover (or upgraded to a higher level of cover).

Where relevant, we appoint an independent medical practitioner to determine whether you have a pre-existing condition, based on information provided by your treating doctor or specialist. Find out more: teachershealth.com.au/pec

Services not recognised by Medicare

You won't be covered for services that aren't eligible for a Medicare benefit. This includes non-medically required treatments or services provided by and not limited to, dentists, podiatrists and, cosmetic or podiatric surgeons.

Restricted services

- In a public hospital:
- We pay accommodation (up to the government fee for a shared room).
- You pay any excess on your cover and the balance of your accommodation costs.

In a private hospital:

- We pay accommodation (up to the government fee for a shared room).
- You pay any excess on your cover, the balance of your accommodation costs, and any other costs involved in your hospital stay.

Find out more: teachershealth.com.au/restricted

Waiting periods

Hospital waiting periods apply if you:

covered at a higher level

- Are new to private health insurance Upgrade your cover to include things that weren't
- covered before, or are covered at a higher level Switch health funds and increase your cover to include things that weren't covered before, or are
- Lower your excess (a 12 month waiting period applies to a lower, or nil, excess).

EXTRAS COVER

For more information visit teachershealth.com.au/extras



(up to)







(yearly limits)



DENTAL Benefit Yearly limits Benefit Yearly limits Benefit Yearly limits Benefit Yearly limits GENERAL DENTAL 2 month waiting period \$40 \$40 \$40 Periodic oral examination (012) - limit of 2 services per person/year \$20 Unlimited \$400 per person \$500 per person Removal of calculus (114) - limit of 2 services per person/year \$70 \$70 \$500 per person \$35 \$70 (unless stated otherwise) \$800 per family \$1,000 per family Topical application of remineralising agent (121) – limit of 2 services per person/year \$27 \$27 \$20 \$27 MAJOR DENTAL 12 month waiting period Increasing limits Match existing cover up to \$1,300 \$500 per person \$1,000 per family (applies when Surgical removal of a tooth requiring bone removal (324) \$240 \$240 \$150 (removal of transferring from a cover that includes Major wisdom teeth only) Dental with all waiting periods served) \$300 per person Inlays/Onlays - tooth coloured - 1 surface (551) \$1,300 \$273 Year 2 \$273 Inlays/Onlays - tooth coloured - 2 surfaces (552) \$432 Year 3 \$1,600 \$300 Crown - veneered (615) \$750 \$2,100 \$300 × Year 4 × Bridge pontic - direct (642) \$520 Year 5 \$2,600 \$300 × × \$1,000 \$2,800 \$300 Dentures - upper and lower (719) Year 6+ × × ORTHODONTIA TREATMENT 12 month waiting period. Lifetime limit of \$2,500 per person \$300 per person, per year × 100% Lifetime limit of \$2,500 per person × (combined limit with Major Dental) OPTICAL 6 month waiting period \$100 \$100 \$150 \$100 Frames Single vision lenses - pair \$160 \$100 \$150 \$95 \$150 per person \$180 per person \$165 \$100 \$150 \$95 Bifocal lenses-pai \$260 per person \$200 per person \$300 per family \$360 per family Multifocal lenses - pair \$165 \$100 \$150 \$95 \$175 \$165 \$165 Contact lenses - pair \$150 THERAPIES 2 month waiting period \$200 per person \$400 per person Remedial massage, Acupuncture, Chinese herbal medicine consultations, Myotherapy \$36 \$600 per person \$36 \$22 \$36 \$400 per family Chiro and Osteo - first visit \$55 \$40 \$30 \$40 \$480 per person \$250 per person Chiro and Osteo - subsequent visits \$40 (\$300 sub-limits applies \$40 \$30 \$40 (sub-limits apply) to group therapy) \$400 per person Chiro and Osteo - group therapy \$20 \$20 \$20 \$15 \$800 per familu Physio/Exercise physiology - first visit \$55 \$40 \$30 \$40 (sub-limits apply) \$800 per person \$300 per person Physio/Exercise physiology - subsequent visits \$40 \$40 \$40 \$30 (sub-limits apply) (sub-limits apply) \$500 per person Physio/Exercise physiology – group therapy \$20 \$20 \$15 \$20 \$1,000 per family Dietitian - 1-4 visits \$60 \$400 per person \$22 Dietitian – 5+ visits \$40 \$100 \$100 \$60 \$100 Psychology - assessment Psychology – initial consultation \$100 \$72 \$45 \$72 \$300 per person \$600 per person \$350 per person \$72 \$72 \$72 \$600 per family Psychology – subsequent consultations \$45 (sub-limits apply) (sub-limits apply) \$50 \$50 \$50 \$30 Counselling – initial consultation Counselling - subsequent consultations \$45 \$45 \$30 \$45 \$80 Speech therapy - first visit Speech therapy - 2-6 visits \$70 \$600 per person × × Speech therapy - 7+ visits \$45 Podiatru - first visit \$55 \$40 \$400 per person \$300 per person × × Podiatry - subsequent visits \$40 \$40 PHARMACEUTICAL 2 month waiting period Benefits towards non-PBS prescription-only medication to treat a medical condition. You pay a co-payment, equivalent to the amount set by the Australian Government Combined yearly \$800 per person \$300 per person \$400 per person Pharmaceuticals (non-PBS requiring prescription by law) \$60 \$25 \$60 (sub-limits apply) limit with Therapies (sub-limits apply) \$800 per family HEALTHY LIFESTYLE 6 month waiting period Health-related programs to address a specific health or medical condition. You may need to submit a Healthy Lifestyle Program form every 2 years. Download one via teachershealth.com.au/healthy-lifestyle Including weight management, gym membership, and more. \$200 per person \$150 per person \$150 per person /\$300 per family \$150 per person /\$300 per family 100% Visit teachershealth.com.au/healthy-lifestyle for a full list (sub-limits apply) (sub-limits apply) ARTIFICIAL AIDS & APPLIANCES 2 month waiting period You may need to submit an Aids and Appliances form to claim. To find out more information and view a more comprehensive list, visit: teachershealth.com.au/aids-appliances Blood pressure monitor - purchase 75% up to \$85 Blood glucose monitor 75% up to \$160 \$1,200 per person × × Compression garments (excludes sports-related or body enhancing garments) 75% up to \$400 (sub-limits apply) Pregnancy shorts 75% up to \$90 12 month waiting period CPAP machine - purchase 75% \$900 per person, per three years CPAP accessories -purchase 75% Single Hearina aids

Extras cover explained

Limits

Person and family limits are based on a calendar year from 1 January (unless stated otherwise).

(1 pair of hearing aids per person, every 3 calendar years)

Emergency ambulance transport (state government services)

EMERGENCY AMBULANCE TRANSPORT 1 day waiting period

- Family limits are based on a set amount across all members of a family.
- Sub-limits are the maximum you can claim per year for a specific sub-category of a service (like group physio on your Physiotherapy limit).
- Increasing limits are calculated on years of continuous Teachers Health Top Extras cover.

Providers

We can only pay for services provided by professional medical providers who are qualified and registered. Extras benefits are limited to one service per person, per provider, per day. For more information on providers, go to teachershealth.com.au/extras-providers

DIY dentistry

We only cover face-to-face dental consultations. You can't claim for home (DIY) dentistry, including teeth whitening kits, orthodontic aligners and occlusal splints.

Years 1-5

Years 5+

\$600

\$900

\$6,000 per person

\$1,200

\$1,800

Artificial Aids & Appliances

To claim for some items, you'll need submit an Aids and Appliances form that has been signed by a relevant health practitioner. For info on claiming, eligible products and more, visit

teachershealth.com.au/aids-appliances

Healthy Lifestyle

To claim for services including weight management programs and gym memberships, you'll need to submit a completed Healthy Lifestyle Program form (signed by a relevant health practitioner) every 2 years. See more at teachershealth.com.au/healthy-lifestyle

Why Teachers Health?

• As the health fund for **school staff and their families**, you're at the heart of everything we do.

×

\$6,000 per person

- Being **not-for-profit**, we're about giving more back to members (not payouts to shareholders).
- We help you navigate life's ups and downs through added health and wellbeing support.

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Covered under Hospital cover

 We give back to the education community through scholarships, sponsorships, research and more.

Award-winning cover

We've been voted winner of the Roy Morgan Customer Satisfaction Award for Major Private Health Insurer of the Year – Not for Profit or Restricted Fund 2022. Plus, additional Mozo People's Choice Awards across 2022, 2023 & 2024.

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\$6,000 per person/\$12,000 per family













The information in this brochure is correct at the time of printing and should be read and retained together with information on our website **teachershealth.com.au** and Membership Guide. Premiums and benefits are subject to change. Teachers Health is a signatory to the Private Health Insurance Code of Conduct.

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