

Important information about changes to your Top Extras Cover

Find out more

If you would like to find out more about our benefits:

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Effective from 1 April 2017

Teachers Health Fund regularly reviews its services, products and benefits to ensure that we continue to provide our members with high quality, cost-effective private health cover.

Teachers Federation Health Ltd ABN 86 097 030 414 trading as Teachers Health Fund.
A Registered Private Health Insurer. THF-RRTOP-02/17



This flyer outlines the changes to your Top Extras cover effective from 1 April 2017.

Benefit limits, sub-limits and annual limits may apply, so please contact us on **1300 728 188** or visit **teachershealth.com.au** if you have any questions.

Increased and new dental benefits

We're investing over \$1 million to further improve the dental services available to Teachers Health Fund members. Additionally, the Australian Dental Association (ADA) is introducing new dental item numbers which Top Extras members will also receive a benefit towards.

Benefits increasing from 1 April 2017

ITEM NUMBER	DESCRIPTION	CURRENT BENEFIT	NEW BENEFIT	INCREASE
613	Full crown non-metallic	\$630	\$730	\$100
615	Full crown veneered	\$650	\$750	\$100
984	Bimaxillary oral device	\$400	\$450	\$50

New benefits available from 1 April 2017

ITEM NUMBER	DESCRIPTION	NEW BENEFIT
250	Active non-surgical periodontal therapy per quadrant	\$160
251	Supportive periodontal therapy per appointment	\$140

Counselling services provided by an accredited mental health social worker

From 1 April 2017, Teachers Health Fund will pay benefits towards counselling services provided by an accredited mental health social worker under the existing psychology limit.

Accredited mental health social workers are registered providers with Medicare Australia. They have been assessed on behalf of the Australian Government by the Australian Association of Social Workers as having specialist mental health expertise and will display the following logo.



The benefits and yearly limits for psychology remain as follows:

DESCRIPTION	BENEFIT (UP TO)	YEARLY LIMIT
Psychology consultation	\$72	\$600 per person
Psychology assessment	\$100	

Increased CPAP machine purchase benefit

From 1 April 2017, we're increasing the benefit received towards the purchase of a CPAP machine. The benefit remains payable once every three years, so you will be able to claim the new benefit once your limit has been reset. Please note that all CPAP claims must be accompanied with an Aids and Appliances form completed by your treating medical practitioner. You can download a copy of the form from our website.

DESCRIPTION	CURRENT BENEFIT	NEW BENEFIT	INCREASE
CPAP machine purchase	75% up to \$800	75% up to \$900	\$100

Physio – increased group therapy and new class therapy sub-limits

From 1 April 2017, we are increasing the group therapy sub-limit that exists under the overall physio limit to \$400. At the same time, we are also introducing a new limit of \$200 for class therapy which will form part of the group therapy sub-limit.

To help you understand the differences between class and group therapy, we have listed the definitions of the two below

Class therapy: The classed-based provision of a common intervention to a number of clients simultaneously which may be land or water based. A class participant must be individually assessed by a physiotherapist prior to participation.

Group therapy: A small group of clients are provided with different interventions concurrently which may be land or water based. Group interventions are characterised by the following features:

- pre-intervention assessment
- individually designed intervention provided and re-assessed during the consultation
- clinical record keeping.

Details of the new limits are below

DESCRIPTION	BENEFIT (UP TO)	EXISTING YEARLY LIMIT	NEW YEARLY LIMIT
Physio – group therapy	\$20	\$300 per person which is part of the overall \$800 physio limit	\$400 per person which is part of the overall \$800 physio limit
Physio – class therapy	\$20	NA	\$200 per person which is part of the \$400 group therapy limit