

## Offer Terms and Conditions:

### March – April 2026 campaign

#### New member offer – Six weeks free plus 2 and 6 month waits waived on Extras

1. The **Offer Period** commences 12.00am, Monday 2 March 2026 and closes 11.59pm (AEDT), Monday 6 April 2026, and may be extended. This offer is made by Teachers Federation Health Ltd ABN 86 097 030 414 trading as Nurses & Midwives Health.
2. This offer is only available to new members who satisfy the eligibility criteria of Nurses & Midwives Health ([click here](#) to find out who can join), whose membership application is received by Nurses & Midwives Health during the Offer Period.
3. This offer is only available to a new Nurses & Midwives Health policyholder who has not been a paying/financial member of Teachers Health, UniHealth, Nurses & Midwives Health, Teachers Union Health or Union Health in the past four (4) months and who has not taken up an incentive offer from Teachers Health, UniHealth, Nurses & Midwives Health, Teachers Union Health or Union Health within the last 12 months.
4. **Eligible Cover:** The new member must join with **Hospital & Extras cover**, or a **combined cover**, to be eligible to receive this offer. The offer **does not** apply to stand-alone Hospital, Extras, or Ambulance-only policies.
5. The offer **does not** apply to policy upgrades, or when a spouse or dependant is added to an existing Nurses & Midwives Health policy.
6. The new member must enter the promotion code **“SIX”** when joining online.
7. The new member must join with a Direct Debit payment plan.
8. The policyholder must maintain the Eligible Cover for at least 30 days in order to be eligible for the six (6) weeks free health cover.
9. **Six (6) weeks free cover** will be applied to the Eligible Cover that you signed up for after Nurses & Midwives Health has received at least one successful direct debit payment.
10. In addition to the above, the two-and six-month waiting periods on Extras services will be waived for new members who take part in this promotion. All other waiting periods will apply.
11. Nurses & Midwives Health reserves the right, at its reasonable discretion, to exclude a new member from receiving the offer or withdraw the offer from the new member’s account. If the member has been excluded or the offer withdrawn, Nurses & Midwives Health will notify the member in writing, within 14 days of joining.
12. Terms and conditions are subject to change without notice.

If you have further questions regarding these terms and conditions, please contact Nurses & Midwives Health:

**Phone:** 1300 344 000  
**Email:** [info@nmhealth.com.au](mailto:info@nmhealth.com.au)  
**Mail:** Nurses & Midwives Health  
Attention: Marketing  
GPO Box 9812  
Sydney NSW 2001



Caring for the carers