

Offer Terms and Conditions:

December 2025 Campaign

New member offer – One month free plus 2 and 6 month waits waived on Extras

1. Offer commences 12.00am, Monday 1 December 2025 and closes 11.59pm (AEDT), Tuesday 23 December 2025, and may be extended.
2. This offer is only available to new members who satisfy the eligibility criteria of Nurses & Midwives Health ([click here](#) to find out who can join), whose membership application is received by Nurses & Midwives Health from 1 December 2025 up until 11.59pm (AEDT), 23 December 2025.
3. This offer is only available to a new Nurses & Midwives Health policyholder who has not been a paying/financial member of Teachers Health, UniHealth, Nurses & Midwives Health, Teachers Union Health or Union Health in the past four (4) months and/or who has not taken up an incentive offer from Teachers Health, UniHealth, Nurses & Midwives Health, Teachers Union Health or Union Health within the last 12 months.
4. The new member must join with **Hospital & Extras cover**, or a **combined cover**, to be eligible to receive this offer. The offer **does not** apply to stand-alone Hospital, Extras, or Ambulance-only policies.
5. The offer **does not** apply to policy upgrades, or when a spouse or dependant is added to an existing Nurses & Midwives Health policy.
6. The new member must enter the promotion code **“ONE”** when joining online.
7. The new member must join with a Direct Debit payment plan.
8. The policyholder must maintain the eligible cover, as set out in clause 4 of these terms and conditions, for at least 30 days in order to be eligible for the one (1) month free health cover.
9. **One (1) month free cover** will be applied to the eligible cover after Nurses & Midwives Health has received at least one contribution payment according to your chosen payment schedule.
10. In addition to the above, the two-and six-month waiting periods on Extras services will be waived for new members who take part in this promotion. All other waiting periods will apply.
11. Nurses & Midwives Health reserves the right, at its reasonable discretion, to exclude a new member from receiving the offer or withdraw the offer from the new member’s account. If the member has been excluded or the offer withdrawn, Nurses & Midwives Health will notify the member in writing, within 14 days of joining.
12. Terms and conditions are subject to change without notice.

If you have further questions regarding these terms and conditions, please contact Nurses & Midwives Health:

Phone: 1300 344 000
Email: info@nmhealth.com.au
Mail: Nurses & Midwives Health
Attention: Marketing
GPO Box 9812
Sydney NSW 2001

NURSES
MIDWIVES
HEALTH

Caring for the carers